



**Chairs:** Suzanne Jackett, Kim Presser

**Present**

- |  |                                      |
|--|--------------------------------------|
| Cienna Lavery (Between Friends)        | Suzanne Jackett (Between Friends)    |
| Ermira Kusari (CAN)                    | Scott Godfrey (AAFSC)                |
| Kim Presser (Between Friends)          | Jason G (CP Kids and Families)       |
| Leonard O’Keefe (DDRC)                 | Dean Svoboda (AAFSC)                 |
| Justine Paul (Chrysalis)               | Jason Kellas (Easter Seals Alberta)  |
| Mary Salvani (AACT)                    | Mezaun Lakha-Evin (CPA/CAN)          |
| Karen Dommett (Calgary Adaptive Hub)   | Elysa Sandron (Calgary Adaptive Hub) |
| Deanne Rommens (City of Calgary – Rec) | Gennie Liu (City of Calgary – Rec)   |
| Grace Dembezeko (Mount Royal U)        |                                      |

Item	
1	Welcome and Introductions
2	<p><b><u>COVID-19 Staff &amp; Volunteer Training Guideline</u></b></p> <ul style="list-style-type: none"> <li>- Checklist of things to train staff and volunteers on.</li> <li>- Four sections: COVID-19 Specific Training; Training to work remotely; Training for returning to the workplace; Mental Health Training/Supports (full document attached with the minutes).</li> </ul> <p><b><u>Albertans Advocating For Change Together</u></b></p> <ul style="list-style-type: none"> <li>- Working on a computer-training program, using peer trainers, teaching people with disabilities in rural Alberta how to use a computer. Participants are supplied with a free tablet and free training. The deadline for those interested in being a peer supporter, the training has been extended to October 30, 2020. An updated poster that reflects the extended deadline will be provided by Mary, at which point it will be distributed to CAN members.</li> <li>- Part of the goal is to engage people in self-advocacy. Program link: <a href="http://www.albertaact.com/">http://www.albertaact.com/</a></li> <li>- Participant Intake Form: <a href="https://docs.google.com/forms/d/1oEoMisaKp4l2lipM1cJrycQ4SRyqHXZ63KOpf3SRjyQ/edit?usp=sharing">https://docs.google.com/forms/d/1oEoMisaKp4l2lipM1cJrycQ4SRyqHXZ63KOpf3SRjyQ/edit?usp=sharing</a></li> <li>- 2020 Self-Advocacy Summit will be held online every Monday from 1:00 - 2:00 pm from November 2 to December 7.: <a href="http://www.albertaact.com/p/2009-self-advocacy-summit.html">http://www.albertaact.com/p/2009-self-advocacy-summit.html</a></li> </ul>

## **Calgary Adaptive Hub**

- Comprised of: U of C, Mount Royal University, City of Calgary – Recreation, Sport Calgary, Vivo for Healthier Generations, Repsol Sport Center, WinSport and external partners, Abilities Center in Ontario. Funded through Canadian Tire Jumpstart for the first phase of the project. The first priority is to serve the community and have the end-user in the forefront; and the second priority is to ensure that partners are successful in delivering their programs and meeting their objectives. View the involved with CAN Recreation as mutually important in terms of information and resource sharing.

## **Transitioning to advocacy with the CAN Recreation table**

### 1. What does recreation mean to your agency?

- Recreation represents the space where children of various abilities can play and engage. Recreation offers the socialization aspect and the connection with the community.
- Recreation is the ability to participate therefore everyone should be able to participate. It is important to discover opportunities and match them with the preferences/goals of participants.
- Recreation is a large part of what most agencies do to keep people engaged and socializing.

### 2. Why is recreation important to families?

- Inclusion: because recreation is the opportunity for people to be in the community and engage with others.
- The opportunity to see their children be children and engage in play.
- Recreation is a platform for social change.

### 3. What are the bigger picture things tied to Recreation programs?

- Providing choices, bridges and connections. The socializing component that comes with recreational activities and engagement in them.
- Allows people to gain the confidence they need and advocate for themselves.
- Recreation is a tool that helps a person become an individual, discover why they are, become more social and be a part of something with other people.

### 4. With Covid-19, have your agency plans changed moving into 2021?

- Calgary Adaptive Hub: there are many layers of policy due to the large number of stakeholders; protocols that are coming through AHS as well as funding restrictions. Working together to come up with a plan and tools that will facilitate the process of adapting the programs to be delivered virtually; Covid-19 proofing the programs.



- Between Friends: building a spectrum that they can adapt to no matter what the Covid-19 cases are and map those out.
  - Chrysalis: individuals and families are committing to their programs only therefore the agency is expected to be fulfilled from the agency. Looking into taking a more personalized approach, e.g. if people are comfortable to go places in the community (with precautions and PPE in place), they agency will move forward with that approach; engage in as many things as possible.
  - Cerebral Palsy Alberta: virtual programs have offered members to become more integrated with those around them, e.g. families and caregivers participating in programs. Likely will not have programs until the new year but looking into having cohorts for individuals to engage in activities with people they already socialize with and utilizing the programs space at the CPA.
  - City of Calgary – Recreation: After-school program has started this week; fitness-type programs will not start until November 1 and will proceed further based on the results. Looking at putting together packages that include equipment, instructor and gym/multipurpose room. Agencies would be responsible for bookings and bring their own clients. In gyms, they are booking out 3-meter squares. One gym can fit 24 people and the instructor and a double gym can safely accommodate 50 people.
- CPA surveyed 375 of the families in August and 70% were not interested in in-person programming and would not be in 2021 either unless a vaccine comes along.
  - Cost could be a factor as guardians oftentimes want participants to be at the agency for the whole day. – *The City is looking into offering a free hour in addition to the booked hour however the maximum number of hours would be limited to 2.*

**The 2020 AAFSies and 16th AAFSiversary Celebration!:**

<https://bit.ly/2020aafsies>

Wrap-Up/Adjournment

**Next meeting:**

**Date:** November 19, 2020

**Time:** 9:00 AM – 11:00 AM

**Location:** Zoom