



Chairs: Suzanne Jackett, Linda Tanigami

Present

Linda Tanigami (City of Calgary – Rec)	Suzanne Jackett (Between Friends)
Wendy Roby (Vecova)	Adam Long (Ups and Downs)
Karen Hurley (SpecialO)	Ermira Kusari (CAN)
Katie Mertens (CP Kids & Families)	Miranda Brown (ASRAB)
Paula Telfer (Easter Seals Alberta)	Leonard O’Keefe (DDRC)
Emily Furber (Between Friends)	Bev Babuk (MS Society)
Deanne Rommens (City of Calgary – Rec)	Telisa Dubasov (Dubasov Dance)

Item	
1	Welcome and Introductions
2	<p><u>Agency Updates</u></p> <p>Ups and Downs</p> <ul style="list-style-type: none"> - There are no summer programs therefore there is no expectation from members. - Wrap up the end of their year with the annual walkathon and will be moving forward virtually with it, which comes with a lot of challenges. Focusing on getting people engaged and fundraising for the coming weeks. However there is less competition now with doing a fundraiser. <p>City of Calgary – Recreation</p> <ul style="list-style-type: none"> - No updates. Continuing to work on planning, especially as the plan for reopening is moving ahead faster. <p>Between Friends</p> <ul style="list-style-type: none"> - Programs are oriented towards group programming however looking into one-to-one options within a small group setting. Groups would be accompanied by a supervisor at least for the first while. - Taking a week long break from online programs and launching the second round of WeConnect programming. Have offered a number of special events which were received well. - Continuing with one-on-one check-ins which has been beneficial for staff, volunteers and families. - Looking into doing some pre-recorded videos for younger members who are not accessing virtual programming at the moment as it may overlap with school. <p>DDRC</p> <ul style="list-style-type: none"> - Continuing to provide Zoom the Learning and Leadership.

- Continuing with community walks with clients in their communities. Due to the rain last week, many of the members that had signed up for the walk cancelled and opted in for a phone call or other activities they could do over the phone or virtually. With the weather getting better, are seeing clients more often for community walks.
- Have not yet rehired those that were let go on temporary lay offs.

SpecialO

- Looking at an October opening for sports including indoor and outdoor sports (easier to modify)
- Athletes are currently doing Zoom calls with the coaches and staying connected.
- There will not be any programming over the summer (they do not run programs in the summer, so it is not Covid-19 related).
- Doing a virtual golf tournament in August as a fundraiser. Donor are quite excited about it and will have more info in the weeks to come.

Dubasov Dance and Wellness

- Connected with the insurance company and there is no insurance to cover this however if you are negligent you can be sued, and they have to provide proof that you were negligent.
- Have closed the studio space.
- Some in person programming is important to keep the community connected as they are not able to reach the majority of the clients due to restrictions.
- Driveway dance party – staff will be going out on volunteer basis and bringing music and fun to participants. Looking at other outdoor group activities in small groups.
- Looking into creative ways to slowly and safely get back into in-person programming. Programs would be short as there would not be access to bathrooms.

CP Kids and Families

- Looking into doing a camp-in-a-box this summer which Provides parents with schedules of day-to-day activities some of the centre staff keeping that under the
- Are thinking of doing outdoor outings however keeping it at 4 participants max with four aids or caregivers and two staff members to keep the group under 10 members as per Government guidelines. Have identified the need for an aide or a caregiver to accompany the participants.

ASRAB

- Connecting with the Edmonton programs and sharing ideas.
- Connected with adults that might be interested in the walking club. There is a bit of anxiety to attend such programs. Will be using ropes with handles (easy to clean) that are two meters that participant can use. Members have brought up CTA and the fear that they might not be cleaning the buses or following protocols.

- * CTA has a supervisor that comes along with the bus and supervise over the drivers. Are sanitizing the buses and engaging in conversations with riders around the importance of physical distancing and hand washing.
- Continuing with the online programs as they figure best approaches for outdoor activities moving forward.

MS Society

- Working from home at least until July. It is possible there will not be any in-person programming for the remainder of the year.
- Fundraising has been moved online. Had a virtual walk at the end of May (unsure of the outcome of the fundraiser).
- Conference in November is being moved to virtual as well.

Ability4Good

- Funded by FSCD therefor do not run any fundraising campaigns.
- Are looking into virtual programming.

Wendy- Subcommittee

- Is there still a need for this subcommittee? The table was on board with this subcommittee continuing its work and supporting it. There is also another provincial committee looking into the re-entry strategy however it looks at the re-entry with a more general approach and not specific to recreation.
- Many agencies have implemented their recommendations such as changing policies with regard to sick time. Regarding the recreation component: swimming pools and hot tubs are still off limits, disinfecting common areas, making sure that the in and out doors are properly identified.
- The subcommittee has drafted what the 5 stages could look like starting with phone calls/virtual programs and small groups, leading into medium sized groups, leading into indoor gathering and then up to 50 people at stage 5. The document identifies things to consider at each level.
- Identified needs:
 - Information sharing in plain language: Alberta Government has put out a poster in plain language – is there enough detail and are the images good enough to support someone reading it or looking at it and is the language as simplified as it could possible be?
 - Skill development and training for staff and participants prior to participating in programs – a prerequisite

Discussion:

- There continue to be anxiety regarding being in public and participating in programs – is there a potential for participants to identify as part of the program and requesting physical distancing from others?
- We can maybe explore the option of relaying the message out to people through hats, sashes, shirts, etc. With children, this might be appealing if it is made fun. We have to be careful with the messaging and ensure that is does not label

CAN Recreation Table

May 28, 2020



people and their disabilities. This could be a good learning opportunity regarding physical distancing and hygiene practices.

* **Ideas:** pick hockey stick, pool noodles.

- Training: to be delivered in person instead of online in a fun and attractive way so as to make learning more exciting and encourage participation (hand sanitizer locations, what handwashing looks like, physical distancing). The training can be delivered once and then remind everyone at the beginning of the programs. With children, they need to experience it in practice to understand it therefore it is important to have visuals accompany the training and reminders.

- Camps and aids: exploring funding options for more affordable camps (as they would be half or day or so) and using funding to have aids assist participants.

Wrap-Up/Adjournment

Next meeting:

Date: June 18, 2020

Time: 9:00 AM – 11:00 AM

Location: Zoom
